

AUGUST 2017 BREAKFAST MENU

| | Monday | Tuesday | Wednesday | Thursday | Friday | |
|----|--|--|--|---|--|----|
| 13 | 14 CEREAL BAR FRSH BANANA FRUIT YOGURT GRAPE JUICE SKIM MILK | 15 PORK PANCAKE SAUSAGE WRAP GRAPE JUICE FRESH APPLE SKIM MILK | 16 SUPER BUN CHILLED PEARS ORANGE JUICE SKIM MILK | 17 WG BLUEBERRY MUFFIN APPLE JUICE CHILLED PINEAPPLE SKIM MILK | 18 WG MINI BAGEL PULL-APARTS MANDARIN ORANGES ORANGE JUICE SKIM MILK | 19 |
| 20 | 21 WHOLE WHEAT FRENCH TOAST STICKS/ SYRUP APPLESAUCE GRAPE JUICE SKIM MILK | 22 SUPER DONUT FRESH APPLE ORANGE JUICE SKIM MILK | 23 COLD CEREAL APPLE JUICE MANDARIN ORANGES SKIM MILK | 24 WHOLE GRAIN POPTART FESH BANANA ORANGE JUICE SKIM MILK | 25 WHOLE GRAIN MORNING ROLL PEACHES APPLE JUICE SKIM MILK | 26 |
| 27 | 28 WHOLE GRAIN PANCAKES GRAPE JUICE FRESH APPLE SKIM MILK | 29 FRUDEL ORANGE JUICE CHILLED PINEAPPLE SKIM MILK | 30 WHOLE GRAIN BLUEBERRY MUFFIN APPLE JUICE MANDARIN ORANGES SKIM MILK | 31 WHOLE GRAIN POP TARTS GRAPE JUICE FRESH BANANA SKIM MILK | September 1 WHOLE GRAIN BISCUIT ORANGE JUICE CHILLED PINEAPPLE FRUITED YOGURT JELLY SKIM MILK | |

Paid Breakfast Price is \$2.25

Reduced Breakfast Price \$.30

Purchase school meals in advance. Check, money orders, and debit/credit cards are accepted as payment. NSF checks are reported to Check Alert. NO CASH ACCEPTED. **All students with a meal balance of \$15.00 will be denied school meals.** Please check your student's meal account regularly to avoid this. You must verify the school nutrition department has your students the food allergies on file. You may contact the Nutrition Department with any concerns.

Meal are catered by J&F Food Service

AUGUST 2017 LUNCH MENU

| | Monday | Tuesday | Wednesday | Thursday | Friday | |
|----|---|---|--|---|---|----|
| 13 | 14 BEEF MEATBALLS BBQ SAUCE BAKED BEANS WHOLE WHEAT BREAD DICED PEACHES KETCHUP MILK | 15 CHICKEN SPAGHETTI CORN GREEN BEANS MANDARIN ORANGES WHOLE GRAIN ROLL SKIM MILK | 16 TURKEY SAUSAGE PATTY WAFFLE STICKS STEAK FRIES PEARS SYRUP SKIM MILK | 17 BEEF TACO MEAT GRATED CHEESE CHUCKWAGON CORN SHREDED LETTUCE SALAS TORTILLA CHIPS APPLE SKIM MILK | 18 PIZZA POCKET MARINARA SAUCE GREEN SALAD GARNISH GRATED CHEESE RANCH DRESSING CHILLED PINEAPPLE SKIM MILK | 19 |
| 20 | 21 TURKEY HOT DOG RANCH BEANS SEASONED CARROTS WW BUN PEARS KETCHUP/MUSTARD SKIM MILK | 22 BEEF TACO MEAT FLOUR TORTILLA GRATED CHEESE SALAS PINTO BEANS MANDARIN ORANGES SKIM MILK | 23 WHOLE GRAIN CHICKEN PATTY CELERY STICKS SALAD HAMBURGER BUN RANCH DRESSING KETCHUP CHILLED PEACHES SKIM MILK | 24 BAKED ZITI & BEEF MEAT SAUCE TOSSED SALAD GARNISH GRATED CHEESE WHOLE GRAIN ROLL RANCH DRESSING FRESH BANANA SKIM MILK | 25 HAMBURGER ON BUN CHEESE SLICE STEAK FRIES MUSTARD AND/OR KETCHUP CHILLED PINEAPPLE SKIM MILK | 26 |
| 27 | 28 BBQ BEEF BAKED BEANS WHOLE WHEAT BUN PEARS SKIM MILK | 29 WHOLE GRAIN CHICKEN NUGGETS BABY CARROTS BROCCOLI W/ CHEESE SAUCE KETCHUP RANCH DRESSING PEACHES WHOLE WHEAT BREAD MILK | 30 BEEF & BEAN BURRITO CHEESE SAUCE SALSA NUTRITIONAL ENHANCED CORN BANANA MILK | 31 GRILLED CHICKEN ON CIABETTA BBQ SAUCE STEAK FRIES MANDARIN ORANGES KETCHUP SKIM MILK | September 1 SPAGHETTI W/MEAT SAUCE TOSSED SALAD GARNISH GRATED CHEESE WHOLE GRAIN WHEAT ROLL RANCH DRESSING APPLESAUCE MILK | |

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