

NOVEMBER 2017 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	
OCT 29	OCTOBER 30 WHOLE GRAIN PANCAKES GRAPE JUICE APPLE SKIM MILK	OCTOBER 31 FRUDEL ORANGE JUICE PINEAPPLE SKIM MILK	1 WHOLE GRAIN BLUEBERRY MUFFIN APPLE JUICE MANDARIN ORANGES SKIM MILK	2 WHOLE GRAIN POP TARTS GRAPE JUICE BANANA SKIM MILK	3 WHOLE GRAIN BISCUIT ORANGE JUICE PINEAPPLE YOGURT SKIM MILK	4
5	6 PORK PANCAKE SAUSAGE WRAP GRAPE JUICE APPLE SKIM MILK	7 CEREAL BAR BANANA YOGURT GRAPE JUICE SKIM MILK	8 SUPER BUN PEARS ORANGE JUICE SKIM MILK	9 WG BLUEBERRY MUFFIN APPLE JUICE PINEAPPLE SKIM MILK	10 WG MINI BAGEL PULL-APARTS MANDARIN ORANGES ORANGE JUICE SKIM MILK	11
12	13 WHOLE WHEAT FRENCH TOAST STICKS/ SYRUP APPLESAUCE GRAPE JUICE SKIM MILK	14 SUPER DONUT APPLE ORANGE JUICE SKIM MILK	15 COLD CEREAL APPLE JUICE MANDARIN ORANGES SKIM MILK	16 WHOLE GRAIN POPTART BANANA ORANGE JUICE SKIM MILK	17 WHOLE GRAIN MORNING ROLL PEACHES APPLE JUICE SKIM MILK	18
19	20 ***** NO SCHOOL ***** STAFF DEVELOPMENT	21 ***** NO SCHOOL ***** STAFF DEVELOPMENT	22 ***** NO SCHOOL ***** THANKSGIVING HOLIDAY	23 ***** NO SCHOOL ***** THANKSGIVING HOLIDAY	24 ***** NO SCHOOL ***** THANKSGIVING HOLIDAY	25
26	27 PORK PANCAKE SAUSAGE WRAP GRAPE JUICE APPLE SKIM MILK	28 CEREAL BAR BANANA YOGURT GRAPE JUICE SKIM MILK	29 SUPER BUN PEARS ORANGE JUICE SKIM MILK	30 WG BLUEBERRY MUFFIN APPLE JUICE PINEAPPLE SKIM MILK	DEC 1 WG MINI BAGEL PULL-APARTS MANDARIN ORANGES ORANGE JUICE SKIM MILK	2

Paid Breakfast Price is \$2.25

Reduced Breakfast Price \$.30

Purchase school meals in advance. Check, money orders, and debit/credit cards are accepted as payment. NSF checks are reported to Check Alert. NO CASH ACCEPTED. **All students with a meal balance of \$15.00 will be denied school meals.** Please check your student's meal account regularly to avoid this. You must notify the school nutrition department has your students the food allergies on file. You may contact the Nutrition Department with any concerns.

NOVEMBER 2017 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	
OCT 29	OCT 30 BBQ BEEF BAKED BEANS WHOLE WHEAT BUN PEARS SKIM MILK	OCT 31 CHICKEN NUGGETS BABY CARROTS BROCCOLI W/ CHEESE SAUCE PEACHES WHOLE WHEAT BREAD MILK	1 BEEF & BEAN BURRITO CHEESE SAUCE SALSA NUTRITIONAL ENHANCED CORN BANANA MILK	2 GRILLED CHICKEN ON CIABETTA BBQ SAUCE STEAK FRIES MANDARIN ORANGES KETCHUP SKIM MILK	3 SPAGHETTI W/MEAT SAUCE TOSSED SALAD W/RANCH WHOLE GRAIN WHEAT ROLL APPLESAUCE MILK	4
5	6 BEEF MEATBALLS BBQ SAUCE BAKED BEANS WHOLE WHEAT BREAD DICED PEACHES MILK	7 CHICKEN SPAGHETTI CORN GREEN BEANS MANDARIN ORANGES WHOLE GRAIN ROLL SKIM MILK	8 TURKEY SAUSAGE PATTY WAFFLE STICKS STEAK FRIES PEARS SYRUP SKIM MILK	9 BEEF NACHOS SHREDED CHEESE AND LETTUCE SALAS CHUCKWAGON CORN APPLE SKIM MILK	10 CHEESE PIZZA CRUNCHERS MARINARA SAUCE GREEN SALAD RANCH DRESSING PINEAPPLE SKIM MILK	11
12	13 TURKEY HOT DOG RANCH BEANS SEASONED CARROTS WHOLE WHEAT BUN PEARS KETCHUP/MUSTARD SKIM MILK	14 BEEF TACO MEAT WHOLE WHEAT FLOUR TORTILLA GRATED CHEESE SALAS PINTO BEANS MANDARIN ORANGES SKIM MILK	15 WHOLE GRAIN CHICKEN PATTY CELERY STICKS SALAD HAMBURGER BUN RANCH DRESSING KETCHUP PEACHES SKIM MILK	16 BAKED ZITI & BEEF MEAT SAUCE TOSSED SALAD GARNISH GRATED CHEESE WHOLE GRAIN ROLL RANCH DRESSING BANANA SKIM MILK	17 HAMBURGER ON WW BUN CHEESE SLICE STEAK FRIES MUSTARD AND/OR KETCHUP PINEAPPLE SKIM MILK	18
19	20 ***** NO SCHOOL ***** STAFF DEVELOPMENT	21 ***** NO SCHOOL ***** STAFF DEVELOPMENT	22 ***** NO SCHOOL ***** THANKSGIVING HOLIDAY	23 ***** NO SCHOOL ***** THANKSGIVING HOLIDAY	24 ***** NO SCHOOL ***** THANKSGIVING HOLIDAY	25
26	27 BEEF MEATBALLS BBQ SAUCE BAKED BEANS WHOLE WHEAT BREAD DICED PEACHES MILK	28 CHICKEN SPAGHETTI CORN GREEN BEANS MANDARIN ORANGES WHOLE GRAIN ROLL SKIM MILK	29 TURKEY SAUSAGE PATTY WAFFLE STICKS STEAK FRIES PEARS SYRUP SKIM MILK	30 BEEF TACO MEAT GRATED CHEESE CHUCKWAGON CORN SHREDED LETTUCE SALAS TORTILLA CHIPS APPLE SKIM MILK	DEC 1 CHEESE PIZZA CRUNCHERS MARINARA SAUCE GREEN SALAD GARNISH GRATED CHEESE RANCH DRESSING PINEAPPLE SKIM MILK	2

Paid Lunch Price is \$3.50

Reduced Lunch Price \$.40

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER **Meals are catered by J&F Food Service** MENU SUBJECT TO CHANGE BASED ON AVAILABILITY